

'intheknow'

Information and Support

For families and caring adults who
are parenting a child or youth with
mental health challenges.

**IN THE KNOW PROVIDES EXPERT SPEAKERS ON TOPICS IMPORTANT TO FAMILIES.
CONNECT AND LEARN WITH OTHER FAMILIES FOR AN ONLINE DISCUSSION,
JOIN BY ZOOM.**

Beyond Behaviours: When Is It More? What It Looks Like at Ages 4 to 8

When our kids are having a hard time, or we are seeing something for the first time, we might wonder what's going on? In this video conversation, a parent and counsellor talk about the developmental stages of 4 to 8 year old children, what are typical behaviours, and how do we know when something more might be going on. This conversation is for all families and caregivers who feel like they are parenting in the deep end of the swimming pool or are just wondering what they can do when it feels like more.

Communities: **MISSION**

Cost: **Free of Charge**

Date: **April 27, 2021 at 6:30pm**

Registration Required: www.familysmart.ca/itk

Watch a video with us and come together with other families for a facilitated discussion by FamilySmart Parent in Residence.