# BALANCED CO-PARENTING

FREE VIRTUAL PARENTING GROUP PROGRAM





# FOR ANYONE WHO WANTS TO IMPROVE THEIR CO-PARENTING RELATIONSHIP

### Learn to:

- · get along better with co-parent
- · solve problems with your co-parent
- · increase the harmony in your family
- increase your own confidence as a parent and co-parent



## GROUPS ARE ONLINE VIA MICROSOFT TEAMS

Join us for 6 sessions on Tuesdays, 7:00pm-8:30pm From October 20-November 24, 2020

### TO PRE-REGISTER, PLEASE CONTACT:

#### SAMANTHA SHARMA (BSW)

**Family Support Worker** 

9 604-826-3634

sams@missionmcss.com

#### LOUISE TUCKER (BSW)

Family Support Worker

0 604-826-3634

louiset@missionmcss.com

