



FamilySmart



Help
for the
Hard
Times

WORKSHOP



OPEN HOUSE
FOR
PROFESSIONALS

Open House Information Session for Professionals

The Help for the Hard Times Workshop series provides a framework for parents/caregivers to consider as they support their child after a crisis. The workshop includes practical strategies, tips and tools that support caring, connected relationships.

Join this information session to learn more about Help for the Hard Times, and how you, as a Healthcare Provider, Service Provider, Educator, Police and RCMP can help connect families to this free workshop.

TOPICS INCLUDE:

- How to support a safety plan at home
- How to take care of yourself and family after a crisis
- How to find the resources you need

DATES:

September 13th, October 11th,
November 8th, December 13th

TIME:

12pm - 1pm (PST)

To register: familysmart.ca/events

